

#### Bromesberrow St Mary's C of E Primary School and Pre-School Albright Lane Bromesberrow Herefordshire HRS 1RT

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Newsletter No 6

Dear Parents,

We have been advised that there has been a confirmed case of COVID-19 within the school.

We know that you may find this concerning but we are continuing to monitor the situation and ensure the required controls are in place. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Following the change in guidance on 19 July 2021, the primary schools/nursery/child-care setting will continue to ensure confirmed cases of COVID-19 do not attend until the end of their self-isolation period but contact tracing within the school setting will no longer continue. To help prevent avoidable spread, we encourage staff and families to continue with regular LFD testing, to inform us of the result and to follow-up any positive results with a confirmatory PCR test. LFD tests can be used on children under the age of 11 at parent's discretion. You may be contacted by NHS Test and Trace and asked to get a PCR test if your child has been identified as a close contact.

The school remains open and your child should continue to attend as normal if they remain well.

### What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19 at any time, however mild, they should isolate and book a test for the person with symptoms (even if they have already taken a test). Symptoms of COVID-19 are:

- A new, continuous cough, and/or
- A temperature, and/or
- A loss of, or change to, sense of test and/or smell.

You can book a test through https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

If the test is negative, your child can return to school once they are well and have been fever free (without the support of paracetamol of Calpol) for at least 24 hours.

If the test is positive your household must self-isolate for 10 days from the date symptoms started, unless any of the following apply:

- you're fully vaccinated this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- · you're not able to get vaccinated for medical reasons









Even if you do not have symptoms, you should still:

- get a PCR test on GOV.UK to check if you have COVID-19
- follow advice on how to avoid catching and spreading COVID-19
- consider limiting contact with people who are at higher risk from COVID-19
- if symptoms develop, isolate and get tested

Further information is available at: <a href="https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection">https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</a>

If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <a href="https://111.nhs.uk/">https://111.nhs.uk/</a> or by phoning 111. For most people, coronavirus (COVID-19) will be a mild illness.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

#### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- Keep indoor spaces as well ventilated as possible let the fresh air in, even if for a short period a
  day
- Participate in regular weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: https://www.gov.uk/log-test-site-covid19results

#### **Further Information**

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

PLEASE READ OVERLEAF FOR HOW THIS WILL IMPACT ON THE SCHOOL









#### Important 'Response' Changes in effect from Wednesday 2021:

- We need all adults to wear masks when inside the building in communal areas. This will include staff when they are meeting with visitors in school. Masks are not needed outside.
- If you can, please lateral flow regularly. This will help us to track and hopefully limit the spread.
- If your child has any of the 3 main covid symptoms (high temperature, 38 degrees plus, a new continuous cough or a loss of taste/smell) keep them off school and book a PCR test. Only when this is negative can they return to school.
- Please support us if your child is sent home with any of the 3 main covid symptoms. They will need to get a PCR test and this will need to be negative before they can return to school or stay at home for 10 days.

# Events we have to cancel/change:

It is with a heavy heart that we are having to cancel some of our planned events. We know this will cause huge disappointment to all, but with cases we are unable to proceed due to the risk to families.

- Christmas nativity play will not be able to welcome parents and families to watch as we had hoped. The children will still be doing their play as a school and we are looking at options as to how we can share this with you. This is challenging as not every child is allowed to be videoed. Please, believe us when we say we are as disappointed as you 🕾
- Christmas Service on 17<sup>th</sup> Dec will be moved to outside on the school playground to share the songs from our school play.

## Things that can continue:

- Film night will be ran as planned, unless cases increase further. Parent helpers and staff will all
  mask up and we will increase ventilation. Make sure your child has a onesie and or warm blanket.
- Pop up shop will continue as planned with masks for volunteers and ventilation.

We thank you for your continued support in these challenging times. Let's pull together and keep us open until the Christmas break!

Kind Regards,

Laura Hankins and Leonie Mison







